















































8	Ruin Maniac Harry					
Pokémon						
	Krookodile	crustle	nidoking	sigilyph	lycanroc	
Level	81	82	81	82	80	
Held Item	Black Glasses	custap berry	black sludge	leftovers	life orb	
Ability	Moxie	sturdy	sheer force	magic guard	steadfast	
Nature	Adamant	impish	hasty	timid	jolly	
Moves	Earthquake	earthquake	earth power	stored power	accelerock	
	Knock Off	x-scissor	poison jab	calm mind	rock slide	
	Rock Slide	rock slide	flamethrower	air slash	brick break	
	Superpower	Steath Rock	thunderbolt	roost	crunch	
9	Ace Trainer DPPT Maureen					
Pokémon						
	galvantula	slowbro-g	druidigon	salazzle	togekiss	
Level	81	81	82	82	81	
Held Item	focus sash	assault vest	rocky helmet	heavy duty boots	leftovers	
Ability	compound eyes	quick draw	sheer force	corrosion	serene grace	
Nature	timid	relaxed	brave	modest	bold	
Moves	volt switch	shell side arm	dragon rush	flamethrower	moonblast	
	sticky web	flamethrower	iron head	sludge bomb	air slash	
	bug buzz	psychic	poison tail	toxic	mystical fire	
	thunder	ice beam	fire fang	nasty plot	wish	
10	Camper Rayan					















Pokémon							
	ambipom	primeape	darmanitan	simipour	oranguru		
Level	81	82	81	82	82		
Held Item	life orb	choice scarf	assault vest	salac berry	colbur berry		
Ability	technician	defiant	sheer force	torrent	inner focus		
Nature	jolly	adamant	jolly	timid	calm		
Moves	fake out	poison jab	flare blitz	nasty plot	trick room		
	cut	u-turn	rock slide	scald	psychic		
	acrobatics	cross chop	zen headbutt	substitute	aura sphere		
	u-turn	night slash	earthquake	focus blast	calm mind		
712 - DOUBLE	Leader Falkner						
Pokémon							
	skarmory	landorus-t	emolga	braviary-h	gliscor	pidgeot-m	
Level	84	84	84	84	84	84	
Held Item	leftovers	yache berry	charti berry	life orb	leftovers	pidgeotite	
Ability	sturdy	intimidate	motor drive	sheer force	poison heal	no guard	
Nature	impish	jolly	naive	timid	Impish	timid	
Moves	protect	earthquake	volt switch	air slash	u-turn	hurricane	
	roost	stealth rock	discharge	esper wing	roost	focus blast	
	tailwind	u-turn	roost	heat wave	earthquake	heat wave	
	dual wingbeat	rock slide	acrobatics	roost	acrobatics	roost	
261 - DOUBLE	Leader Blue						




Pokémon							
	pidgoot	hydreigon	arcanine	electivire	exeggutor-a	venusaur-m	
Level	85	85	85	85	85	85	
Held Item	choice specs	life orb	leftovers	assault vest	yache berry	venusaurite	
Ability	no guard	levitate	intimidate	motor drive	chlorophyll	thick fat	
Nature	timid	timid	jolly	jolly	modest	modest	
Moves	hurricane	draco meteor	flare blitz	close combat	draco meteor	frenzy plant	
	boomburst	dark pulse	sunny day	wild charge	leaf storm	synthesis	
	volt switch	fire blast	close combat	fire punch	flamethrower	sludge bomb	
	focus blast	flash cannon	extreme speed	ice punch	sludge bomb	leech seed	
700 - DOUBLE	Leader Blue						
Pokémon							
	machop	ferrothorn	slowbro	drapion	gyarados	charizard-m-x	
Level	85	85	85	85	85	85	
Held Item	life orb	rocky helmet	leftovers	choice band	wacan berry	charizardite x	
Ability	guts	iron barbs	regenerator	sniper	moxie	tough claws	
Nature	jolly	brave	bold	jolly	jolly	jolly	
Moves	superpower	leech seed	scald	gunk shot	aqua tail	blast burn	
	stone edge	power whip	toxic	wicked blow	ice fang	outrage	
	bullet punch	stealth rock	slack off	aqua tail	earthquake	dragon dance	
	knock off	gyro ball	teleport	earthquake	dragon dance	earthquake	
727 - DOUBLE	Leader Blue						

Pokémon							
	alakazam	chandelure	dragonite	lucario	rhyperior	blastoise-m	
Level	85	85	85	85	85	85	
Held Item	focus sash	life orb	weakness policy	choice band	leftovers	blastoisinite	
Ability	inner focus	flash fire	multi scale	justified	solid rock	mega launcher	
Nature	modest	timid	modest	jolly	adamant	modest	
Moves	psychic	overheat	draco meteor	close combat	stone edge	dark pulse	
	focus blast	shadow ball	hurricane	meteor mash	earthquake	hydro cannon	
	dazzling gleam	energy ball	fire blast	crunch	megahorn	aura sphere	
	shadow ball	calm mind	roost	extreme speed	ice punch	shell smash	
11	Psychic Ilyes						
Pokémon							
	sableye	mismagius	gothitelle	meowstic	mimikyu		
Level	82	81	82	81	82		
Held Item	leftovers	life orb	tanga berry	light clay	assault vest		
Ability	prankster	levitate	shadow tag	prankster	disguise		
Nature	careful	timid	timid	calm	adamant		
Moves	will-o-wisp	shadow ball	psychic	psychic	play rough		
	recover	moonblast	dark pulse	signal beam	shadow claw		
	foul play	nasty plot	thunder wave	mean look	drain punch		
	protect	mystical fire	dazzling gleam	reflect	shadow sneak		
12	Bird Keeper Elliott						











Pokémon						
	altaria	braviary	toucannon	noivern	decidueye	
Level	82	82	81	82	83	
Held Item	eject button	heavy duty boots	life orb	yache berry	leftovers	
Ability	regenerator	defiant	skill link	infiltrator	long reach	
Nature	timid	jolly	adamant	modest	adamant	
Moves	moonblast	brave bird	bullet seed	hurricane	leaf blade	
	dragon pulse	superpower	rock blast	dragon pulse	spirit shackle	
	flamethrower	roost	dual wingbeat	aura sphere	substitute	
	roost	bulk up	u-turn	hyper voice	swords dance	
13	Ace Trainer Kylian					
Pokémon						
	jolteon	dragapult	barraskewda	rapidash	weavile	
Level	82	81	82	83	83	
Held Item	air balloon	expert belt	mystic water	heavy duty boots	focus sash	
Ability	volt absorb	cursed body	swift swim	reckless	technician	
Nature	modest	adamant	adamant	hasty	adamant	
Moves	thunderbolt	dragon darts	liquidation	flare blitz	triple Axel	
	volt switch	phantom force	flip turn	drill run	fake out	
	shadow ball	steel wing	psychic fangs	megahorn	ice shard	
	grass knot	u-turn	close combat	wild charge	assurance	
14	Bug Catcher Victor					













Pokémon								
	scyther	durant	scolipede	forretress	armaldo			
Level	82	82	82	83	83			
Held Item	eviolite	eject button	choice band	leftovers	life orb			
Ability	technician	hustle	speed boost	sturdy	battle armor			
Nature	impish	jolly	adamant	relaxed	adamant			
Moves	trailblaze	iron head	megahorn	explosion	rock slide			
	bug bite	rock slide	poison jab	gyro ball	x-scissor			
	dual wingbeat	first impression	rock slide	spikes	knock off			
	swords dance	hone claws	earthquake	volt switch	earthquake			
15	Black Belt Rodrigo							
Pokémon								
	sirfetch'd	PASSIMIAN	scrafty	breloom	ledian			
Level	82	82	82	83	83			
Held Item	leek	assault vest	salac berry	focus sash	choice scarf			
Ability	scrappy	defiant	moxie	technician	iron fist			
Nature	adamant	jolly	jolly	jolly	adamant			
Moves	close combat	close combat	knock off	bullet seed	power up punch			
	dual wingbeat	acrobatics	drain punch	mach punch	meteor mash			
	leaf blade	u-turn	dragon dance	rock tomb	u-turn			
	night slash	rock slide	fake out	spore	ice punch			
17 OPTIONAL	Super Nerd Mathis							











Pokémon						
	<b>electivire</b>	<b>greninja</b>	<b>infernape</b>	<b>scizor</b>	<b>gengar</b>	
Level	83	83	82	83	82	
Held Item	choice band	life orb	assault vest	occa berry	wise glasses	
Ability	iron fist	protean	blaze	technician	cursed body	
Nature	adamant	hasty	naive	impish	timid	
Moves	thunder punch	water shuriken	flamethrower	bullet punch	shadow ball	
	ice punch	gunk shot	mach punch	u-turn	sludge bomb	
	mach punch	ice beam	grass knot	dual wingbeat	will-o-wisp	
	knock off	dig	u-turn	swords dance	energy ball	
16	<b>Hiker Willian</b>					
Pokémon						
	<b>donphan</b>	<b>steelix</b>	<b>tauros-p-c</b>	<b>ursaring</b>	<b>aegislash</b>	
Level	83	83	82	83	82	
Held Item	rocky helmet	leftovers	life orb	passho berry	air balloon	
Ability	sturdy	rock head	intimidate	guts	stance change	
Nature	naughty	careful	adamant	brave	brave	
Moves	earthquake	heavy slam	trailblaze	facade	iron head	
	knock off	headlong rush	high horsepower	earthquake	king's shield	
	stealth rock	head smash	body press	trailblaze	shadow sneak	
	head smash	roar	raging bull	play rough	close combat	
18	<b>Beauty Marianne</b>					










Pokémon						
	<b>frolass</b>	<b>lopunny</b>	<b>gardevoir</b>	<b>tsareena</b>	<b>milotic</b>	
Level	82	82	82	83	83	
Held Item	focus sash	liechi berry	leftovers	life orb	wise glasses	
Ability	cursed body	scrappy	trace	queenly majesty	marvel scale	
Nature	timid	jolly	timid	jolly	modest	
Moves	ice beam	fake out	psychic	power whip	muddy water	
	poltergeist	sky uppercut	moonblast	knock off	moonblast	
	destiny bond	acrobatics	thunderbolt	triple axel	ice beam	
	will o wisp	iron tail	destiny bond	hi jump kick	hypnosis	
19	<b>Hiker Tom</b>					
Pokémon						
	<b>shuckle</b>	<b>tauros-p-a</b>	<b>swampert</b>	<b>kabutops</b>	<b>clodsire</b>	
Level	82	82	83	83	83	
Held Item	leftovers	life orb	rindo berry	choice band	black sludge	
Ability	solid rock	intimidate	swift swim	swift swim	water absorb	
Nature	Careful	jolly	adamant	jolly	adamant	
Moves	stealth rock	raging bull	liquidation	liquidation	recover	
	rest	superpower	earthquake	superpower	toxic	
	knock off	earthquake	ice punch	stone edge	poison jab	
	sticky web	zen headbutt	power up punch	x-scissor	earthquake	
22	<b>Psychic Adam</b>					




























Pokémon							
	scream tail	musharna	hatterene	farigiraf	tinkaton		
Level	82	82	83	83	83		
Held Item	heat rock	leftovers	assault vest	safety goggles	air balloon		
Ability	photosynthesis	synchronize	magic bounce	armor tail	own tempo		
Nature	modest	modest	modest	quiet	brave		
Moves	calm mind	stored power	mystical fire	trick room	gigaton hammer		
	sunny day	calm mind	psyspock	hyper voice	encore		
	fire blast	moonlight	draining kiss	psychic	thunder wave		
	psychic	trick room	nuzzle	protect	knock off		
23	Super Nerd Daniel						
Pokémon							
	rotom-wash	magnezone	samurott	empoleon	porygon2		
Level	82	82	83	83	84		
Held Item	leftovers	choice scarf	assault vest	custap berry	eviolite		
Ability	levitate	sturdy	torrent	torrent	trace		
Nature	timid	brave	jolly	modest	timid		
Moves	volt switch	thunder	sacred sword	surf	tri attack		
	scald	flash cannon	razor shell	flash cannon	psychic		
	will o wisp	explosion	megahorn	ice beam	thunder		
	pain split	body press	knock off	roost	calm mind		
24	Pokéfan Valente						







Pokémon						
	<b>Pincurchin</b>	<b>Pawmot</b>	<b>Magneton</b>	<b>Mr. Rime</b>	<b>Feraligatr</b>	
Level	82	82	83	83	84	
Held Item	terrain extender	electric seed	eviolite	mental herb	assault vest	
Ability	electric surge	volt absorb	sturdy	tangled feet	strong jaw	
Nature	adamant	jolly	timid	modest	adamant	
Moves	spikes	low kick	thunderbolt	freeze dry	fishious rend	
	toxic spikes	fake out	flash cannon	psychic	crunch	
	thunder	volt tackle	light screen	encore	superpower	
	memento	ice punch	reflect	dazzling gleam	icy wind	
26	<b>Bug Catcher Samy</b>					
Pokémon						
	<b>masquerain</b>	<b>golispod</b>	<b>illumise</b>	<b>escavalier</b>	<b>araquanid</b>	
Level	82	83	83	83	84	
Held Item	focus sash	heavy duty boots	leftovers	life orb	coba berry	
Ability	intimidate	emergency exit	prankster	swarm	water bubble	
Nature	timid	adamant	careful	adamant	adamant	
Moves	scald	first impression	encore	megahorn	liquidation	
	bug buzz	leech life	thunder wave	iron head	leech life	
	quiver dance	liquidation	u-turn	knock off	toxic	
	air slash	aqua jet	tailwind	drill run	substitute	
29	<b>Ruin Maniac Johnny</b>					



Pokémon							
	<b>golem-a</b>	<b>dracozolt</b>	<b>armaldo</b>	<b>archeops</b>	<b>relicanth</b>		
Level	83	83	83	83	84		
Held Item	shuca berry	assault vest	choice band	life orb	rindo berry		
Ability	galvanize	hustle	swift swim	defeatist	swift swim		
Nature	adamant	jolly	jolly	adamant	jolly		
Moves	earthquake	bolt beak	stone edge	head smash	wave crash		
	wild charge	dragon rush	x-scissor	roost	head smash		
	stone edge	earthquake	knock off	earthquake	zen headbutt		
	explosion	stone edge	aqua jet	dual wingbeat	earthquake		
27	Ace Trainer Lisa						
Pokémon							
	<b>gorebyss</b>	<b>lapras</b>	<b>copperajah</b>	<b>primarina</b>	<b>walrein</b>		
Level	83	83	83	84	84		
Held Item	white herb	heavy duty boots	assault vest	leftovers	choice band		
Ability	swift swim	liquid voice	heavy metal	liquid voice	thick fat		
Nature	modest	timid	adamant	modest	adamant		
Moves	shell smash	icy wind	heavy slam	hyper voice	aqua tail		
	surf	hyper voice	high horsepower	moonblast	icicle spear		
	moonblast	thunder	superpower	calm mind	earthquake		
	ice beam	perish song	power whip	substitute	crunch		
37	Bird Keeper Axel						

Pokémon							
	<b>pidgoot</b>	<b>gyarados</b>	<b>corviknight</b>	<b>mantine</b>	<b>azumarill</b>		
Level	83	83	84	84	85		
Held Item	choice specs	assault vest	rocky helmet	heavy duty boots	salac berry		
Ability	no guard	intimidate	unnerve	swift swim	huge power		
Nature	modest	jolly	impish	bold	jolly		
Moves	hurricane	liquidation	body press	scald	liquidation		
	hyper voice	bounce	u-turn	hurricane	play rough		
	thunder	power whip	roost	roost	belly drum		
	focus blast	earthquake	brave bird	toxic	knock off		
28	<b>Sage Edmond</b>						
Pokémon							
	<b>indeedee-f</b>	<b>spiritomb</b>	<b>dhelmise</b>	<b>vaporeon</b>	<b>crawdaunt</b>	<b>dragalge</b>	
Level	85	84	84	85	83	85	
Held Item	tanga berry	black glasses	colbur berry	leftovers	choice scarf	life orb	
Ability	psychic surge	infiltrator	steelworker	hydration	adaptability	adaptability	
Nature	modest	adamant	adamant	calm	jolly	modest	
Moves	expanding force	foul play	anchor shot	scald	crabhammer	draco meteor	
	fake out	will o wisp	power whip	wish	knock off	sludge wave	
	dazzling gleam	pain split	earthquake	protect	superpower	scald	
	protect	toxic	knock off	toxic	crunch	thunder	
36 OPTIONAL	<b>Black Belt Aliou</b>						

Pokémon							
	quaquaval	throh	basculegion	grapploct	poliwrath		
Level	85	85	84	84	86		
Held Item	assault vest	leftovers	choice band	Big Root	rocky helmet		
Ability	moxie	guts	swift swim	technician	swift swim		
Nature	jolly	adamant	adamant	adamant	adamant		
Moves	close combat	bulk up	liquidation	octolock	ice punch		
	aqua step	storm throw	flip turn	drain punch	waterfall		
	knock off	knock off	phantom force	brutal swing	rest		
	flip turn	facade	psychic fangs	jet punch	sleep talk		
25 OPTIONAL	Ace Trainer Paul						
Pokémon							
	gastrodon	goodra-h	toxapex	lilligant-h	medicham		
Level	85	85	84	84	86		
Held Item	rindo berry	assault vest	black sludge	life orb	choice scarf		
Ability	storm drain	goeey	regenerator	chlorophyll	pure power		
Nature	modest	modest	calm	jolly	jolly		
Moves	ice beam	draco meteor	recover	victory dance	high jump kick		
	earth power	flash cannon	toxic spikes	leaf blade	zen headbutt		
	recover	thunderbolt	scald	stone edge	ice punch		
	toxic	muddy water	baneful bunker	axe kick	poison jab		
671 - DOUBLE	Buck						

Pokémon						
	<b>shuckle</b>	<b>terrakion</b>	<b>claydol</b>	<b>regirock</b>	<b>umbreon</b>	<b>metagross-m</b>
Level	87	87	87	87	87	87
Held Item	leftovers	life orb	light clay	leftovers	leftovers	metagrossite
Ability	solid rock	justified	levitate	sturdy	synchronize	tough claws
Nature	impish	jolly	bold	adamant	impish	jolly
Moves	rest	superpower	trick room	rock wrecker	foul play	meteor mash
	knock off	stone edge	reflect	superpower	curse	power up punch
	stealth rock	earthquake	light screen	recover	wish	zen headbutt
	sticky web	iron head	earth power	earthquake	toxic	ice punch

