







Important Trainers: Standard Version

This document includes detailed team information for every important opponent in the game, including Trial Captains, Kahunas, assorted Villains, and even a couple of Battle Legends. All useful information except for Natures and EV spreads is included.

Trial Captains

Captain Ilima







Initial Battle: Hau Oli City

Species	Yungoos	Porygon	Buneary	Smeargle
				
Level	11	11	11	12
Ability	Stakeout	Trace	Limber	Technician
Item				Expert Belt
Move 1	Tackle	Psybeam	Quick Attack	Various*
Move 2	Leer	Conversion	Baby-Doll Eyes	Quick Attack
Move 3	Pursuit	Tackle	Thunder Wave	Work Up
Move 4	Confide	Agility	Power-Up Punch	Fake Out




*Depends on which starter you chose



Second Battle: Mina's Trial

Species	Yungoos	Swellow	Oranguru	Cincinno	Snorlax	Lopunny
						
Level	92	92	92	92	92	93
Ability	Moody	Guts	Inner Focus	Skill Link	Thick Fat	Limber
Item	Focus Sash	Flame Orb	Life Orb	King's Rock	Normalium Z	Lopunnite
Move 1	Stealth Rock	Brave Bird	Psychic	Tail Slap	Self-Destruct	High Jump Kick
Move 2	Spore	Facade	Shadow Ball	Rock Blast	Earthquake	Return
Move 3	Shell Smash	U-turn	Trick Room	Bullet Seed	Crunch	Ice Punch
Move 4	Baton Pass	Protect	Nasty Plot	U-turn	Gunk Shot	Quick Attack







Third Battle: Kantonian Gym

Species	Smeargle	Swellow	Oranguru	Cincinno	Gumshoos	Lopunny
						
Level	100	100	100	100	100	100
Ability	Moody	Guts	Inner Focus	Skill Link	Strong Jaw	Limber
Item	Focus Sash	Flame Orb	Leftovers	King's Rock	Normalium Z	Lopunnite
Move 1	Sticky Web	Brave Bird	Future Sight	Tail Slap	Hyper Fang	High Jump Kick
Move 2	Spore	Facade	Substitute	Rock Blast	Fire Fang	Return
Move 3	Shell Smash	Reversal	Foul Play	Bullet Seed	Crunch	Ice Punch
Move 4	Baton Pass	Boomburst	Protect	Sing	Thunder Fang	Power-Up Punch







Captain Lana



Initial Battle: Mina's Trial

<i>Species</i>	Pelipper	Cloyster	Kingdra	Lanturn	Araquanid	Swampert
						
<i>Level</i>	93	93	93	93	94	93
<i>Ability</i>	Drizzle	Skill Link	Swift Swim	Volt Absorb	Water Bubble	Damp
<i>Item</i>	Damp Rock	Focus Sash	Life Orb	Damp Rock	Waterium Z	Swampertite
<i>Move 1</i>	Hurricane	Liquidation	Flash Cannon	Thunder	Liquidation	Waterfall
<i>Move 2</i>	Scald	Icicle Spear	Hydro Pump	Scald	Leech Life	Earthquake
<i>Move 3</i>	U-turn	Rock Blast	Dragon Pulse	Ice Beam	Crunch	Ice Punch
<i>Move 4</i>	Tailwind	Shell Smash	Ice Beam	Rain Dance	Mirror Coat	Rain Dance





Second Battle: Kantonian Gym

<i>Species</i>	Pelipper	Cloyster	Kingdra	Ludicolo	Araquanid	Swampert
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Drizzle	Skill Link	Swift Swim	Swift Swim	Water Bubble	Damp
<i>Item</i>	Damp Rock	Focus Sash	Life Orb	Damp Rock	Waterium Z	Swampertite
<i>Move 1</i>	Hurricane	Liquidation	Flash Cannon	Hydro Pump	Liquidation	Waterfall
<i>Move 2</i>	Scald	Icicle Spear	Hydro Pump	Energy Ball	Toxic	Earthquake
<i>Move 3</i>	U-turn	Rock Blast	Dragon Pulse	Focus Blast	Sticky Web	Ice Punch
<i>Move 4</i>	Tailwind	Shell Smash	Ice Beam	Rain Dance	Mirror Coat	Rain Dance







Captain Kiawe



Initial Battle: Mina's Trial

<i>Species</i>	Torkoal	Weezing	Kangaskhan	Arcanine	Marowak-A	Charizard
						
<i>Level</i>	93	93	93	93	95	95
<i>Ability</i>	Drought	Levitate	Scrappy	Intimidate	Rock Head	Solar Power
<i>Item</i>	Heat Rock	Black Sludge	Silk Scarf	Firium Z	Thick Club	Charizardite Y
<i>Move 1</i>	Stealth Rock	Sludge Bomb	Double-Edge	Flare Blitz	Flare Blitz	Flamethrower
<i>Move 2</i>	Lava Plume	Fire Blast	Earthquake	Close Combat	Shadow Bone	Air Slash
<i>Move 3</i>	Explosion	Thunderbolt	Fire Punch	Wild Charge	Bonemerang	Solar Beam
<i>Move 4</i>	Earth Power	Will-O-Wisp	Sucker Punch	Morning Sun	Thunder Punch	Focus Blast







Second Battle: Kantonian Gym

<i>Species</i>	Torkoal	Weezing	Talonflame	Arcanine	Marowak-A	Kangaskhan
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Drought	Levitate	Gale Wings	Intimidate	Rock Head	Scrappy
<i>Item</i>	Heat Rock	Black Sludge	Rindo Berry	Firium Z	Thick Club	Kangaskhanite
<i>Move 1</i>	Stealth Rock	Sludge Bomb	Flare Blitz	Flare Blitz	Flare Blitz	Double-Edge
<i>Move 2</i>	Lava Plume	Fire Blast	Brave Bird	Close Combat	Shadow Bone	Fire Punch
<i>Move 3</i>	Explosion	Pain Split	Natural Gift	Wild Charge	Bonemerang	Power-Up Punch
<i>Move 4</i>	Earth Power	Toxic	Swords Dance	Morning Sun	Thunder Punch	Sucker Punch







Captain Mallow



Initial Battle: Mina's Trial

<i>Species</i>	Roserade	Comfey	Ferrothorn	Volcarona	Tsareena	Sceptile
						
<i>Level</i>	100	93	93	93	95	93
<i>Ability</i>	Poison Point	Triage	Iron Barbs	Flame Body	Queenly Majesty	Overgrow
<i>Item</i>	Terrain Extender	Grassy Seed	Rocky Helmet	Leftovers	Grassium Z	Sceptilite
<i>Move 1</i>	Sleep Powder	Calm Mind	Power Whip	Fiery Dance	High Jump Kick	Dragon Pulse
<i>Move 2</i>	Grassy Terrain	Draining Kiss	Gyro Ball	Bug Buzz	Power Whip	Energy Ball
<i>Move 3</i>	Leaf Storm	Giga Drain	Leech Seed	Quiver Dance	U-turn	Focus Blast
<i>Move 4</i>	Sludge Bomb	Synthesis	Protect	Roost	Knock Off	Hidden Power







Second Battle: Kantonian Gym

<i>Species</i>	Roserade	Comfey	Ferrothorn	Volcarona	Tsareena	Sceptile
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Technician	Triage	Iron Barbs	Flame Body	Queenly Majesty	Overgrow
<i>Item</i>	Terrain Extender	Grassy Seed	Leftovers	Life Orb	Grassium Z	Sceptilite
<i>Move 1</i>	Sleep Powder	Calm Mind	Power Whip	Fire Blast	High Jump Kick	Dragon Pulse
<i>Move 2</i>	Grassy Terrain	Draining Kiss	Gyro Ball	Bug Buzz	Power Whip	Energy Ball
<i>Move 3</i>	Magical Leaf	Giga Drain	Leech Seed	Quiver Dance	Play Rough	Focus Blast
<i>Move 4</i>	Sludge Bomb	Synthesis	Protect	Psychic	Knock Off	Earthquake







Captain Sophocles



Initial Battle: Mina's Trial

<i>Species</i>	Togedemaru	Magnezone	Golem	Electivire	Rotom	Manectric
						
<i>Level</i>	100	93	93	93	93	93
<i>Ability</i>	Sturdy	Analytic	Sturdy	Motor Drive	Levitate	Lightning Rod
<i>Item</i>	Terrain Extender	Electric Seed	Electrium Z	Life Orb	Leftovers	Manectite
<i>Move 1</i>	Electric Terrain	Flash Cannon	Stone Edge	Wild Charge	Hydro Pump	Volt Switch
<i>Move 2</i>	Volt Switch	Discharge	Earthquake	Rock Slide	Volt Switch	Flamethrower
<i>Move 3</i>	Iron Head	Hidden Power	Wild Charge	Fire Punch	Will-O-Wisp	Hidden Power
<i>Move 4</i>	Spiky Shield	Volt Switch	Fire Punch	Ice Punch	Hex	Signal Beam







Second Battle: Title Defense

<i>Species</i>	Togedemaru	Vikavolt	Golem	Electivire	Rotom	Manectric
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sturdy	Levitate	Galvanize	Motor Drive	Levitate	Lightning Rod
<i>Item</i>	Terrain Extender	Life Orb	Focus Sash	Expert Belt	Iron Ball	Manectite
<i>Move 1</i>	Electric Terrain	Bug Buzz	Explosion	Wild Charge	Hydro Pump	Thunder
<i>Move 2</i>	Volt Switch	Thunderbolt	Return	Earthquake	Volt Switch	Flamethrower
<i>Move 3</i>	Iron Head	Agility	Stone Edge	Fire Punch	Will-O-Wisp	Hidden Power
<i>Move 4</i>	Spiky Shield	Energy Ball	Earthquake	Ice Punch	Pain Split	Signal Beam

Captain Mina



Mina's Trial






<i>Species</i>	Slurpuff	Chansey	Gardevoir	Togekiss	Ribombee	Altaria
						
<i>Level</i>	92	92	92	92	92	92
<i>Ability</i>	Unburden	Natural Cure	Trace	Serene Grace	Shield Dust	Natural Cure
<i>Item</i>	Focus Sash	Eviolite	Life Orb	Sharp Beak	Fairium Z	Altarianite
<i>Move 1</i>	Sticky Web	Seismic Toss	Psychic	Air Slash	Pollen Puff	Return
<i>Move 2</i>	Play Rough	Toxic	Moonblast	Flamethrower	Moonblast	Earthquake
<i>Move 3</i>	Drain Punch	Soft-Boiled	Thunderbolt	Grass Knot	Psychic	Iron Tail
<i>Move 4</i>	Endeavor	Counter	Focus Blast	Nasty Plot	Energy Ball	Dragon Dance

Island Kahunas







Island Kahuna Hala



First Battle: Grand Trial

<i>Species</i>	Hawlucha	Makuhita	Meditite	Stufful	Scraggy	Crabrawler
						
<i>Level</i>	17	18	18	18	18	21
<i>Ability</i>	Limber	Guts	Pure Power	Cute Charm	Shed Skin	Iron Fist
<i>Item</i>	Coba Berry	Flame Orb	Sitrus Berry	Grip Claw	Chesto Berry	Fightinium Z
<i>Move 1</i>	Karate Chop	Fake Out	Fake Out	Force Palm	Low Sweep	Power-Up Punch
<i>Move 2</i>	Aerial Ace	Force Palm	Psycho Cut	Brutal Swing	Feint Attack	Brutal Swing
<i>Move 3</i>	Agility	Knock Off	Force Palm	Baby-Doll Eyes	Amnesia	Scald
<i>Move 4</i>	Baton Pass	Bullet Punch	Shadow Ball	Bind	Rest	Frost Breath







Second Battle: Post Game

<i>Species</i>	Hawlucha	Bewear	Medicham	Poliwrath	Scrafty	Crabominable
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Unburden	Fluffy	Pure Power	Water Absorb	Moxie	Iron Fist
<i>Item</i>	Flying Gem	Assault Vest	Medichamite	Leftovers	Weakness Policy	Fightinium Z
<i>Move 1</i>	Swords Dance	Return	High Jump Kick	Waterfall	Throat Chop	Ice Hammer
<i>Move 2</i>	High Jump Kick	Drain Punch	Zen Headbutt	Focus Punch	High Jump Kick	Close Combat
<i>Move 3</i>	Acrobatics	Ice Punch	Ice Punch	Hypnosis	Poison Jab	Stone Edge
<i>Move 4</i>	Poison Jab	Knock Off	Bullet Punch	Bulk Up	Dragon Dance	Crabhammer

Island Kahuna Olivia








First Battle: Grand Trial

<i>Species</i>	Gigalith	Cradily	Armaldo	Probopass	Minior	Lycanroc
						
<i>Level</i>	45	45	45	45	45	47
<i>Ability</i>	Sand Stream	Storm Drain	Swift Swim	Sand Force	Shields Down	No Guard
<i>Item</i>	Smooth Rock	Leftovers	Weakness Policy	Air Balloon	White Herb	Rockium Z
<i>Move 1</i>	Stone Edge	Giga Drain	X-Scissor	Power Gem	Acrobatics	Stone Edge
<i>Move 2</i>	Earthquake	Recover	Cross Poison	Earth Power	Power Gem	Throat Chop
<i>Move 3</i>	Explosion	Toxic	Rock Slide	Flash Cannon	Earthquake	Fire Punch
<i>Move 4</i>	Stealth Rock	Rock Slide	Rock Polish	Hidden Power	Shell Smash	Iron Tail







Island Kahuna Nanu



First Battle: Grand Trial

<i>Species</i>	Krookodile	Honchkrow	Persian	Sableye	Hydreigon	Drapion
						
<i>Level</i>	77	77	79	77	77	77
<i>Ability</i>	Intimidate	Moxie	Fur Coat	Prankster	Levitate	Sniper
<i>Item</i>	Red Card	White Herb	Darkinium Z	Sablenite	Life Orb	Salac Berry
<i>Move 1</i>	Crunch	Brave Bird	Fake Out	Shadow Ball	Dark Pulse	Crunch
<i>Move 2</i>	Earthquake	Superpower	Dark Pulse	Power Gem	Dragon Pulse	Poison Jab
<i>Move 3</i>	Stealth Rock	Sucker Punch	Power Gem	Calm Mind	Focus Blast	Aqua Tail
<i>Move 4</i>	Roar	Roost	Parting Shot	Recover	Fire Blast	Swords Dance







Second Battle: Mina's Trial

<i>Species</i>	Sableye	Greninja	Persian	Krookodile	Hydreigon	Honchkrow
						
<i>Level</i>	93	93	95	93	93	93
<i>Ability</i>	Prankster	Protean	Fur Coat	Intimidate	Levitate	Moxie
<i>Item</i>	Sablenite	Life Orb	Darkinium Z	Assault Vest	Scope Lens	Choice Scarf
<i>Move 1</i>	Will-O-Wisp	Hydro Pump	Thunderbolt	Knock Off	Dark Pulse	Brave Bird
<i>Move 2</i>	Foul Play	Extrasensory	Dark Pulse	Earthquake	Draco Meteor	Superpower
<i>Move 3</i>	Recover	Ice Beam	Power Gem	Aqua Tail	Flash Cannon	Heat Wave
<i>Move 4</i>	Metal Burst	Gunk Shot	Nasty Plot	Ice Fang	Focus Energy	Night Slash







Island Kahuna Hapu



First Battle: Grand Trial

<i>Species</i>	Hippowdon	Excadrill	Gastrodon	Mudsdale	Golurk	Garchomp
						
<i>Level</i>	94	94	94	96	94	94
<i>Ability</i>	Sand Stream	Sand Rush	Storm Drain	Stamina	Iron Fist	Sand Veil
<i>Item</i>	Smooth Rock	Life Orb	Leftovers	Groundium Z	Assault Vest	Garchompite
<i>Move 1</i>	Earthquake	Earthquake	Earth Power	Earthquake	Earthquake	Earthquake
<i>Move 2</i>	Thunder Fang	Iron Head	Scald	Heavy Slam	Shadow Punch	Dragon Claw
<i>Move 3</i>	Yawn	Rock Slide	Ice Beam	Payback	Drain Punch	Fire Blast
<i>Move 4</i>	Stealth Rock	Swords Dance	Recover	Low Sweep	Thunder Punch	Stone Edge

Second Battle: Title Defense







<i>Species</i>	Hippowdon	Excadrill	Gastrodon	Mudsdale	Golurk	Garchomp
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sand Stream	Sand Rush	Storm Drain	Stamina	Iron Fist	Sand Veil
<i>Item</i>	Smooth Rock	Life Orb	Leftovers	Groundium Z	Assault Vest	Garchompite
<i>Move 1</i>	Earthquake	Earthquake	Earth Power	Earthquake	Earthquake	Earthquake
<i>Move 2</i>	Ice Fang	Iron Head	Scald	Rock Slide	Shadow Punch	Dragon Claw
<i>Move 3</i>	Yawn	X-Scissor	Toxic	Payback	Drain Punch	Fire Fang
<i>Move 4</i>	Stealth Rock	Swords Dance	Recover	Close Combat	Ice Punch	Swords Dance

The Elite Four







Elite Four Olivia



First Round

<i>Species</i>	Gigalith	Cradily	Carracosta	Archeops	Lycanroc	Tyranitar
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sand Stream	Storm Drain	Sturdy	Klutz	No Guard	Sand Stream
<i>Item</i>	Smooth Rock	Leftovers	Weakness Policy	Rockium Z	Focus Sash	Tyranitarite
<i>Move 1</i>	Stone Edge	Seed Bomb	Stone Edge	Fly	Stone Edge	Stone Edge
<i>Move 2</i>	Earthquake	Stone Edge	Liquidation	Head Smash	Fire Punch	Crunch
<i>Move 3</i>	Sandstorm	Curse	Aqua Jet	Iron Tail	Crunch	Earthquake
<i>Move 4</i>	Stealth Rock	Recover	Shell Smash	Endeavor	Counter	Dragon Dance

Second Round

<i>Species</i>	Tyranitar	Cradily	Terrakion	Aerodactyl	Lycanroc	Diancie
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sand Stream	Storm Drain	Justified	Rock Head	No Guard	Clear Body
<i>Item</i>	Smooth Rock	Leftovers	Focus Sash	Life Orb	Rockium Z	Diancite
<i>Move 1</i>	Stone Edge	Giga Drain	Swords Dance	Stone Edge	Stone Edge	Moonblast
<i>Move 2</i>	Crunch	Earth Power	Close Combat	Hone Claws	Iron Tail	Power Gem
<i>Move 3</i>	Thunder Wave	Toxic	Stone Edge	Earthquake	Fire Punch	Earth Power
<i>Move 4</i>	Stealth Rock	Recover	Poison Jab	Aqua Tail	Counter	Calm Mind







Elite Four Acerola



First Round

<i>Species</i>	Banette	Chandelure	Dhelmise	Frolass	Palossand	Mimikyu
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Insomnia	Flame Body	Steelworker	Cursed Body	Water Compaction	Disguise
<i>Item</i>	Banettite	Air Balloon	Assault Vest	Life Orb	Ghostium Z	Spell Tag
<i>Move 1</i>	Shadow Claw	Fire Blast	Power Whip	Ice Beam	Shadow Ball	Play Rough
<i>Move 2</i>	Gunk Shot	Shadow Ball	Anchor Shot	Shadow Ball	Earth Power	Shadow Claw
<i>Move 3</i>	Thunder	Psychic	Earthquake	Thunderbolt	Energy Ball	Shadow Sneak
<i>Move 4</i>	Will-O-Wisp	Energy Ball	Rock Slide	Destiny Bond	Shore Up	Swords Dance







Second Round

<i>Species</i>	Frolass	Banette	Aegislash	Marshadow	Palossand	Mimikyu
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Cursed Body	Insomnia	Stance Change	Technician	Sand Veil	Disguise
<i>Item</i>	Focus Sash	Banettite	Leftovers	Life Orb	Leftovers	Ghostium Z
<i>Move 1</i>	Ice Beam	Phantom Force	Sacred Sword	Spectral Thief	Shadow Ball	Play Rough
<i>Move 2</i>	Shadow Ball	Double-Edge	Head Smash	Close Combat	Earth Power	Shadow Claw
<i>Move 3</i>	Thunder Wave	Gunk Shot	Shadow Claw	Hidden Power	Sludge Bomb	Shadow Sneak
<i>Move 4</i>	Spikes	Will-O-Wisp	King's Shield	Shadow Sneak	Shore Up	Swords Dance







Elite Four Kahili



First Round

<i>Species</i>	Skarmory	Hawlucha	Oricorio	Toucannon	Gliscor	Pidgeot
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sturdy	Unburden	Dancer	Skill Link	Poison Heal	Keen Eye
<i>Item</i>	Red Card	Flying Gem	Life Orb	Flyinium Z	Toxic Orb	Pidgeotite
<i>Move 1</i>	Brave Bird	Acrobatics	Revelation Dance	Brave Bird	Earthquake	Hurricane
<i>Move 2</i>	Stealth Rock	High Jump Kick	Hurricane	Boomburst	Wing Attack	Work Up
<i>Move 3</i>	Spikes	Stone Edge	Icy Wind	Heat Wave	Toxic	Heat Wave
<i>Move 4</i>	Whirlwind	Swords Dance	Roost	Bullet Seed	Protect	Hyper Beam





Second Round

<i>Species</i>	Skarmory	Hawlucha	Shaymin	Toucannon	Landorus	Pidgeot
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sturdy	Unburden	Serene Grace	Skill Link	Sheer Force	Keen Eye
<i>Item</i>	Red Card	Flying Gem	Leftovers	Flyinium Z	Life Orb	Pidgeotite
<i>Move 1</i>	Brave Bird	Acrobatics	Air Slash	Brave Bird	Earth Power	Hurricane
<i>Move 2</i>	Stealth Rock	High Jump Kick	Seed Flare	Boomburst	Psychic	Hyper Beam
<i>Move 3</i>	Counter	Poison Jab	Earth Power	Heat Wave	Sludge Wave	Heat Wave
<i>Move 4</i>	Whirlwind	Swords Dance	Psychic	Bullet Seed	Rock Slide	Work Up







Elite Four Molyne



First Round

<i>Species</i>	Klefki	Bisharp	Magnezone	Ferrothorn	Dugtrio	Metagross
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Prankster	Defiant	Sturdy	Iron Barbs	Tangling Hair	Clear Body
<i>Item</i>	Iron Ball	Black Glasses	Custap Berry	Rocky Helmet	Steelium Z	Metagrossite
<i>Move 1</i>	Spikes	Knock Off	Flash Cannon	Leech Seed	Earthquake	Meteor Mash
<i>Move 2</i>	Thunder Wave	Sucker Punch	Thunderbolt	Protect	Iron Head	Zen Headbutt
<i>Move 3</i>	Play Rough	Iron Head	Hidden Power	Power Whip	Sucker Punch	Bullet Punch
<i>Move 4</i>	Switcheroo	Stone Edge	Mirror Coat	Gyro Ball	Stone Edge	Ice Punch

Second Round

<i>Species</i>	Heatran	Bisharp	Magarna	Genesect	Dugtrio	Metagross
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Flash Fire	Defiant	Soul-Heart	Download	Tangling Hair	Clear Body
<i>Item</i>	Air Balloon	Focus Sash	White Herb	Life Orb	Steelium Z	Metagrossite
<i>Move 1</i>	Lava Plume	Knock Off	Fleur Cannon	Bug Buzz	Earthquake	Meteor Mash
<i>Move 2</i>	Earth Power	Sucker Punch	Ice Beam	Flamethrower	Iron Head	Zen Headbutt
<i>Move 3</i>	Flash Cannon	Iron Head	Energy Ball	Thunderbolt	Sucker Punch	Earthquake
<i>Move 4</i>	Stealth Rock	Metal Burst	Shift Gear	Extreme Speed	Stone Edge	Ice Punch





Pokémon Trainer Hau









Third Battle: Route 3





If the player chose **Rowlet**:

<i>Species</i>	Popplio	Noibat	Pikachu	Swinub
				
<i>Level</i>	19	17	18	18
<i>Ability</i>	Torrent	Infiltrator	Static	Thick Fat
<i>Item</i>	Sitrus Berry			
<i>Move 1</i>	Water Gun	Screech	Electro Ball	Ice Shard
<i>Move 2</i>	Disarming Voice	Absorb	Thunder Wave	Bulldoze
<i>Move 3</i>	Icy Wind	Bite	Nasty Plot	Bite
<i>Move 4</i>	Baby-Doll Eyes	Wing Attack	Slam	

If the player chose **Litten**:

<i>Species</i>	Rowlet	Noibat	Pikachu	Swinub
				
<i>Level</i>	19	17	18	18
<i>Ability</i>	Long Reach	Infiltrator	Static	Thick Fat
<i>Item</i>	Sitrus Berry			
<i>Move 1</i>	Razor Leaf	Screech	Electro Ball	Ice Shard
<i>Move 2</i>	Ominous Wind	Absorb	Thunder Wave	Bulldoze
<i>Move 3</i>	Peck	Bite	Nasty Plot	Bite
<i>Move 4</i>	Growl	Wing Attack	Slam	






If the player chose **Popplio**:

<i>Species</i>	Litten	Noibat	Pikachu	Swinub
				
<i>Level</i>	19	17	18	18
<i>Ability</i>	Intimidate	Infiltrator	Static	Thick Fat
<i>Item</i>	Sitrus Berry			
<i>Move 1</i>	Fire Fang	Screech	Electro Ball	Ice Shard
<i>Move 2</i>	Double Kick	Absorb	Thunder Wave	Bulldoze
<i>Move 3</i>	Roar	Bite	Nasty Plot	Bite
<i>Move 4</i>	Lick	Wing Attack	Slam	








Fourth Battle: Paniola Town






If the player chose **Rowlet**:

<i>Species</i>	Brionne	Noibat	Pikachu	Swinub	Darumaka
					
<i>Level</i>	25	23	24	23	22
<i>Ability</i>	Torrent	Infiltrator	Static	Thick Fat	Hustle
<i>Item</i>	Normalium Z	Sitrus Berry	Light Ball	Never-Melt Ice	Rindo Berry
<i>Move 1</i>	Round	Screech	Shock Wave	Ice Shard	Fire Punch
<i>Move 2</i>	Disarming Voice	Water Pulse	Grass Knot	Bulldoze	Facade
<i>Move 3</i>	Icy Wind	Iron Tail	Brick Break	Bite	Work Up
<i>Move 4</i>	Water Pulse	Wing Attack	Nasty Plot	Rock Tomb	Natural Gift

If the player chose **Litten**:

<i>Species</i>	Dartrix	Noibat	Pikachu	Swinub	Marill
					
<i>Level</i>	25	23	24	23	22
<i>Ability</i>	Long Reach	Infiltrator	Static	Thick Fat	Huge Power
<i>Item</i>	Normalium Z	Sitrus Berry	Light Ball	Never-Melt Ice	Occa Berry
<i>Move 1</i>	Razor Leaf	Screech	Shock Wave	Ice Shard	Aqua Tail
<i>Move 2</i>	Pluck	Water Pulse	Grass Knot	Bulldoze	Play Rough
<i>Move 3</i>	Covet	Iron Tail	Brick Break	Bite	Aqua Jet
<i>Move 4</i>	Ominous Wind	Wing Attack	Nasty Plot	Rock Tomb	Natural Gift







If the player chose **Popplio**:

<i>Species</i>	Torracat	Noibat	Pikachu	Swinub	Marill
					
<i>Level</i>	25	23	24	23	22
<i>Ability</i>	Intimidate	Infiltrator	Static	Thick Fat	Regenerator
<i>Item</i>	Normalium Z	Sitrus Berry	Light Ball	Never-Melt Ice	Passho Berry
<i>Move 1</i>	Fire Fang	Screech	Shock Wave	Ice Shard	Mega Drain
<i>Move 2</i>	Double Kick	Water Pulse	Grass Knot	Bulldoze	Knock Off
<i>Move 3</i>	Covet	Iron Tail	Brick Break	Bite	Sleep Powder
<i>Move 4</i>	Bite	Wing Attack	Nasty Plot	Rock Tomb	Natural Gift









Sixth Battle: Malie City







If the player chose **Rowlet**:

<i>Species</i>	Brionne	Noivern	Raichu	Mamoswine	Darmanitan	Tauros
						
<i>Level</i>	53	50	51	50	50	50
<i>Ability</i>	Torrent	Infiltrator	Surge Surfer	Thick Fat	Sheer Force	Intimidate
<i>Item</i>	Eviolite	Life Orb	Air Balloon	Assault Vest	Firium Z	Chople Berry
<i>Move 1</i>	Hydro Pump	Air Slash	Thunderbolt	Ice Shard	Flare Blitz	Return
<i>Move 2</i>	Moonblast	Dragon Pulse	Grass Knot	Earthquake	Rock Slide	Zen Headbutt
<i>Move 3</i>	Icy Wind	Shadow Ball	Psychic	Ice Fang	Bulldoze	Smart Strike
<i>Move 4</i>	Hyper Voice	Roost	Nasty Plot	Rock Slide	U-turn	Stomping Tantrum

If the player chose **Litten**:

<i>Species</i>	Dartrix	Noivern	Raichu	Mamoswine	Azumarill	Tauros
						
<i>Level</i>	53	50	51	50	50	50
<i>Ability</i>	Long Reach	Infiltrator	Surge Surfer	Thick Fat	Huge Power	Intimidate
<i>Item</i>	Eviolite	Life Orb	Air Balloon	Assault Vest	Waterium Z	Chople Berry
<i>Move 1</i>	Brave Bird	Air Slash	Thunderbolt	Ice Shard	Aqua Tail	Return
<i>Move 2</i>	Leaf Blade	Dragon Pulse	Grass Knot	Earthquake	Play Rough	Zen Headbutt
<i>Move 3</i>	Sucker Punch	Shadow Ball	Psychic	Ice Fang	Aqua Jet	Smart Strike
<i>Move 4</i>	Swords Dance	Roost	Nasty Plot	Rock Slide	Superpower	Stomping Tantrum







If the player chose **Popplio**:

<i>Species</i>	Torracat	Noivern	Raichu	Mamoswine	Tangrowth	Tauros
						
<i>Level</i>	53	50	51	50	50	50
<i>Ability</i>	Intimidate	Infiltrator	Surge Surfer	Thick Fat	Regenerator	Intimidate
<i>Item</i>	Eviolite	Life Orb	Air Balloon	Assault Vest	Grassium Z	Chople Berry
<i>Move 1</i>	Flare Blitz	Air Slash	Thunderbolt	Ice Shard	Power Whip	Return
<i>Move 2</i>	Crunch	Dragon Pulse	Grass Knot	Earthquake	Knock Off	Zen Headbutt
<i>Move 3</i>	Leech Life	Shadow Ball	Psychic	Ice Fang	Rock Slide	Smart Strike
<i>Move 4</i>	Will-O-Wisp	Roost	Nasty Plot	Rock Slide	Sleep Powder	Stomping Tantrum






Seventh Battle: Pokémon League

If the player chose **Rowlet**:

<i>Species</i>	Mamoswine	Raichu	Tauros	Salamence	Darmanitan	Primarina
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Thick Fat	Surge Surfer	Sheer Force	Intimidate	Sheer Force	Torrent
<i>Item</i>	Custap Berry	Expert Belt	Life Orb	Salamencite	Life Orb	Fairium Z
<i>Move 1</i>	Ice Shard	Thunderbolt	Body Slam	Return	Flare Blitz	Sparkling Aria
<i>Move 2</i>	Earthquake	Surf	Zen Headbutt	Dragon Claw	Rock Slide	Moonblast
<i>Move 3</i>	Icicle Crash	Psychic	Iron Head	Earthquake	Earthquake	Energy Ball
<i>Move 4</i>	Stealth Rock	Focus Blast	Earthquake	Aqua Tail	Zen Headbutt	Ice Beam

If the player chose **Litten**:

<i>Species</i>	Mamoswine	Raichu	Tauros	Salamence	Azumarill	Decidueye
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Thick Fat	Surge Surfer	Sheer Force	Intimidate	Huge Power	Overgrow
<i>Item</i>	Custap Berry	Expert Belt	Life Orb	Salamencite	Assault Vest	Ghostium Z
<i>Move 1</i>	Ice Shard	Thunderbolt	Body Slam	Return	Liquidation	Spirit Shackle
<i>Move 2</i>	Earthquake	Surf	Zen Headbutt	Dragon Claw	Play Rough	Leaf Blade
<i>Move 3</i>	Icicle Crash	Psychic	Iron Head	Earthquake	Knock Off	Sucker Punch
<i>Move 4</i>	Stealth Rock	Focus Blast	Earthquake	Aqua Tail	Aqua Jet	Swords Dance

If the player chose **Popplio**:

<i>Species</i>	Mamoswine	Raichu	Tauros	Salamence	Tangrowth	Incineroar
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Thick Fat	Surge Surfer	Sheer Force	Intimidate	Regenerator	Intimidate
<i>Item</i>	Custap Berry	Expert Belt	Life Orb	Salamencite	Assault Vest	Darkinium Z
<i>Move 1</i>	Ice Shard	Thunderbolt	Body Slam	Return	Giga Drain	Darkest Lariat
<i>Move 2</i>	Earthquake	Surf	Zen Headbutt	Dragon Claw	Earthquake	Flare Blitz
<i>Move 3</i>	Icicle Crash	Psychic	Iron Head	Earthquake	Knock Off	Earthquake
<i>Move 4</i>	Stealth Rock	Focus Blast	Earthquake	Aqua Tail	Rock Tomb	Thunder Punch









Eighth Battle: Title Defense







If the player chose **Rowlet**:

<i>Species</i>	Raichu	Mamoswine	Tauros	Salamence	Darmanitan	Primarina
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Surge Surfer	Thick Fat	Sheer Force	Intimidate	Sheer Force	Torrent
<i>Item</i>	Expert Belt	Assault Vest	Life Orb	Salamencite	Life Orb	Fairium Z
<i>Move 1</i>	Thunderbolt	Ice Shard	Body Slam	Return	Flare Blitz	Sparkling Aria
<i>Move 2</i>	Surf	Earthquake	Zen Headbutt	Dragon Claw	Rock Slide	Moonblast
<i>Move 3</i>	Psychic	Icicle Crash	Iron Head	Earthquake	Superpower	Psychic
<i>Move 4</i>	Focus Blast	Stealth Rock	Earthquake	Aqua Tail	Zen Headbutt	Ice Beam

If the player chose **Litten**:

<i>Species</i>	Raichu	Mamoswine	Tauros	Salamence	Azumarill	Decidueye
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Surge Surfer	Thick Fat	Sheer Force	Intimidate	Huge Power	Overgrow
<i>Item</i>	Expert Belt	Assault Vest	Life Orb	Salamencite	Sitrus Berry	Ghostium Z
<i>Move 1</i>	Thunderbolt	Ice Shard	Body Slam	Return	Liquidation	Spirit Shackle
<i>Move 2</i>	Surf	Earthquake	Zen Headbutt	Dragon Claw	Play Rough	Leaf Blade
<i>Move 3</i>	Psychic	Icicle Crash	Iron Head	Earthquake	Belly Drum	Shadow Sneak
<i>Move 4</i>	Focus Blast	Stealth Rock	Earthquake	Aqua Tail	Aqua Jet	Swords Dance





If the player chose **Popplio**:

<i>Species</i>	Raichu	Mamoswine	Tauros	Salamence	Tangrowth	Incineroar
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Surge Surfer	Thick Fat	Sheer Force	Intimidate	Regenerator	Intimidate
<i>Item</i>	Expert Belt	Assault Vest	Life Orb	Salamencite	Leftovers	Darkinium Z
<i>Move 1</i>	Thunderbolt	Ice Shard	Body Slam	Return	Giga Drain	Darkest Lariat
<i>Move 2</i>	Surf	Earthquake	Zen Headbutt	Dragon Claw	Earthquake	Flare Blitz
<i>Move 3</i>	Psychic	Icicle Crash	Iron Head	Earthquake	Sleep Powder	Earthquake
<i>Move 4</i>	Focus Blast	Stealth Rock	Earthquake	Aqua Tail	Rock Tomb	Thunder Punch







Gladion









Initial Battle: Route 5

<i>Species</i>	Zorua	Type: Null	Golbat	Lucario
				
<i>Level</i>	25	26	25	25
<i>Ability</i>	Illusion	Battle Armor	Infiltrator	Steadfast
<i>Item</i>	Black Glasses			
<i>Move 1</i>	Snarl	Crush Claw	Poison Fang	Metal Claw
<i>Move 2</i>	Sucker Punch	Pursuit	Aerial Ace	Vacuum Wave
<i>Move 3</i>	Aerial Ace	Roar	Roost	Bone Rush
<i>Move 4</i>	U-turn	U-turn	U-turn	Quick Attack

Third Battle: Aether House

<i>Species</i>	Crobat	Zoroark	Type: Null	Porygon2	Aegislash	Lucario
						
<i>Level</i>	76	76	79	76	75	76
<i>Ability</i>	Infiltrator	Illusion	Battle Armor	Download	Stance Change	Steadfast
<i>Item</i>	Black Sludge	Psychium Z	Eviolite	Eviolite	Weakness Policy	Lucarionite
<i>Move 1</i>	Brave Bird	Dark Pulse	Pursuit	Discharge	Shadow Ball	Aura Sphere
<i>Move 2</i>	Heat Wave	Flamethrower	Double-Edge	Ice Beam	Sacred Sword	Flash Cannon
<i>Move 3</i>	Tailwind	Sludge Bomb	U-turn	Recover	Flash Cannon	Dark Pulse
<i>Move 4</i>	U-turn	Extrasensory	Iron Head	Toxic	King's Shield	Nasty Plot







Fourth Battle: Mount Lanakila

<i>Species</i>	Crobat	Zoroark	Silvally	Porygon-Z	Aegislash	Lucario
						
<i>Level</i>	94	94	97	94	94	94
<i>Ability</i>	Infiltrator	Illusion	RKS System	Download	Stance Change	Steadfast
<i>Item</i>	White Herb	Life Orb	Various*	Normalium Z	Colbur Berry	Lucarionite
<i>Move 1</i>	Acrobatics	Dark Pulse	Swords Dance	Conversion	Shadow Ball	Close Combat
<i>Move 2</i>	Cross Poison	Flamethrower	Rock Slide	Ice Beam	Shadow Sneak	Meteor Mash
<i>Move 3</i>	Roost	Focus Blast	Zen Headbutt	Thunderbolt	Flash Cannon	Ice Punch
<i>Move 4</i>	Curse	Grass Knot	Multi-Attack	Psychic	King's Shield	Extreme Speed







*Depends on which starter the player chose (Silvally will have a type advantage against it)

Fifth Battle: Title Defense







If the player chose **Rowlet**:

<i>Species</i>	Zoroark	Silvally	Porygon-Z	Venusaur	Lucario	Crobat
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Illusion	RKS System	Download	Overgrow	Steadfast	Infiltrator
<i>Item</i>	Darkinium Z	Fire Memory	Salac Berry	Venusaurite	Life Orb	Life Orb
<i>Move 1</i>	Dark Pulse	Swords Dance	Tri Attack	Power Whip	High Jump Kick	Brave Bird
<i>Move 2</i>	Flamethrower	Rock Slide	Ice Beam	Earthquake	Meteor Mash	Cross Poison
<i>Move 3</i>	Focus Blast	Giga Impact	Thunderbolt	Curse	Swords Dance	Roost
<i>Move 4</i>	Grass Knot	Multi-Attack	Dark Pulse	Synthesis	Extreme Speed	Heat Wave

If the player chose **Litten**:

<i>Species</i>	Zoroark	Silvally	Porygon-Z	Charizard	Lucario	Crobat
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Illusion	RKS System	Download	Blaze	Steadfast	Infiltrator
<i>Item</i>	Darkinium Z	Water Memory	Salac Berry	Charizardite Y	Life Orb	Life Orb
<i>Move 1</i>	Dark Pulse	Swords Dance	Tri Attack	Air Slash	High Jump Kick	Brave Bird
<i>Move 2</i>	Flamethrower	Rock Slide	Ice Beam	Fire Blast	Meteor Mash	Cross Poison
<i>Move 3</i>	Focus Blast	Giga Impact	Thunderbolt	Solar Beam	Swords Dance	Roost
<i>Move 4</i>	Grass Knot	Multi-Attack	Dark Pulse	Hidden Power	Extreme Speed	Heat Wave

If the player chose **Popplio**:






<i>Species</i>	Zoroark	Silvally	Porygon-Z	Blastoise	Lucario	Crobat
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Illusion	RKS System	Download	Torrent	Steadfast	Infiltrator
<i>Item</i>	Darkinium Z	Grass Memory	Salac Berry	Blastoisinite	Life Orb	Life Orb
<i>Move 1</i>	Dark Pulse	Swords Dance	Tri Attack	Water Pulse	High Jump Kick	Brave Bird
<i>Move 2</i>	Flamethrower	Rock Slide	Ice Beam	Ice Beam	Meteor Mash	Cross Poison
<i>Move 3</i>	Focus Blast	Giga Impact	Thunderbolt	Aura Sphere	Swords Dance	Roost
<i>Move 4</i>	Grass Knot	Multi-Attack	Dark Pulse	Dark Pulse	Extreme Speed	Heat Wave

Team Skull







Team Skull Admin Plumeria



Initial Battle: Akala Outskirts







Species	Crobat	Gengar	Toxapex	Salazzle	Muk
					
Level	43	43	43	45	43
Ability	Infiltrator	Cursed Body	Merciless	Corrosion	Poison Touch
Item	Sitrus Berry	Black Sludge	Leftovers	Life Orb	Poisonium Z
Move 1	Cross Poison	Shadow Ball	Scald	Flamethrower	Crunch
Move 2	Wing Attack	Sludge Bomb	Baneful Bunker	Sludge Bomb	Gunk Shot
Move 3	Hypnosis	Trick	Recover	Dragon Pulse	Flamethrower
Move 4	U-turn	Giga Drain	Infestation	Hidden Power	Thunderbolt

Second Battle: Route 15

Species	Dragalge	Muk	Crobat	Gengar	Salazzle	Beedrill
						
Level	66	66	66	66	68	66
Ability	Adaptability	Poison Touch	Infiltrator	Cursed Body	Corrosion	Sniper
Item	Air Balloon	Assault Vest	Sitrus Berry	Life Orb	Poisonium Z	Beedrillite
Move 1	Toxic Spikes	Crunch	Brave Bird	Shadow Ball	Flamethrower	X-Scissor
Move 2	Sludge Wave	Gunk Shot	Cross Poison	Sludge Bomb	Sludge Bomb	Poison Jab
Move 3	Dragon Pulse	Fire Punch	Super Fang	Thunderbolt	Nasty Plot	Drill Run
Move 4	Hydro Pump	Giga Drain	U-turn	Focus Blast	Hidden Power	Knock Off








Third Battle: Title Defense

<i>Species</i>	Dragalge	Muk	Crobat	Gengar	Salazzle	Beedrill
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Regenerator	Gluttony	Infiltrator	Cursed Body	Corrosion	Sniper
<i>Item</i>	Black Sludge	Figy Berry	Black Sludge	Life Orb	Poisonium Z	Beedrillite
<i>Move 1</i>	Toxic Spikes	Crunch	Fly	Shadow Ball	Fire Blast	X-Scissor
<i>Move 2</i>	Scald	Gunk Shot	Taunt	Focus Blast	Venoshock	Poison Jab
<i>Move 3</i>	Recover	Toxic	Roost	Thunderbolt	Dragon Pulse	Drill Run
<i>Move 4</i>	Infestation	Recycle	Protect	Protect	Protect	Protect







Team Skull Boss Guzma









First Battle: Malie Garden

<i>Species</i>	Golisopod	Masquerain	Vikavolt	Pinsir	Scizor
					
<i>Level</i>	59	59	59	59	59
<i>Ability</i>	Emergency Exit	Intimidate	Levitate	Mold Breaker	Technician
<i>Item</i>	Red Card	Leftovers	Charti Berry	Life Orb	Metal Coat
<i>Move 1</i>	Sucker Punch	Air Slash	Thunderbolt	X-Scissor	Bullet Punch
<i>Move 2</i>	Liquidation	Bug Buzz	Bug Buzz	Close Combat	Bug Bite
<i>Move 3</i>	First Impression	Ice Beam	Flash Cannon	Stone Edge	Brutal Swing
<i>Move 4</i>	Spikes	Quiver Dance	Energy Ball	Swords Dance	Roost







Second Battle: Shady House

<i>Species</i>	Vikavolt	Masquerain	Golisopod	Pinsir	Scizor	Volcarona
						
<i>Level</i>	75	76	78	75	75	75
<i>Ability</i>	Levitate	Intimidate	Emergency Exit	Hyper Cutter	Technician	Flame Body
<i>Item</i>	Power Herb	Focus Sash	Silver Powder	Pinsirite	Life Orb	Leftovers
<i>Move 1</i>	Volt Switch	Air Slash	First Impression	Return	Bullet Punch	Fiery Dance
<i>Move 2</i>	Bug Buzz	Bug Buzz	Sucker Punch	Close Combat	Bug Bite	Giga Drain
<i>Move 3</i>	Solar Beam	Ice Beam	Liquidation	Stone Edge	Brutal Swing	Roost
<i>Move 4</i>	Air Slash	Quiver Dance	Drill Run	Swords Dance	Roost	Quiver Dance

Third Battle: Aether Paradise

<i>Species</i>	Masquerain	Golisopod	Pinsir	Scizor	Volcarona	Vikavolt
						
<i>Level</i>	81	84	82	81	81	81
<i>Ability</i>	Intimidate	Emergency Exit	Hyper Cutter	Technician	Flame Body	Levitate
<i>Item</i>	Focus Sash	Assault Vest	Pinsirite	Life Orb	Leftovers	Life Orb
<i>Move 1</i>	Air Slash	First Impression	Return	Bullet Punch	Fire Blast	Thunderbolt
<i>Move 2</i>	Icy Wind	Liquidation	Earthquake	Superpower	Bug Buzz	Bug Buzz
<i>Move 3</i>	Scald	Aqua Jet	Stone Edge	Brutal Swing	Psychic	Energy Ball
<i>Move 4</i>	Sticky Web	Drill Run	Swords Dance	Swords Dance	Quiver Dance	Agility

Fourth Battle: Title Defense






<i>Species</i>	Golisopod	Pinsir	Scizor	Volcarona	Vikavolt	Masquerain
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Emergency Exit	Hyper Cutter	Technician	Flame Body	Levitate	Intimidate
<i>Item</i>	Expert Belt	Pinsirite	Leftovers	Buginium Z	Life Orb	Focus Sash
<i>Move 1</i>	First Impression	Return	Bullet Punch	Fire Blast	Thunder	Air Slash
<i>Move 2</i>	Liquidation	Earthquake	Bug Bite	Bug Buzz	Bug Buzz	Ice Beam
<i>Move 3</i>	Sucker Punch	Quick Attack	Curse	Giga Drain	Energy Ball	Sticky Web
<i>Move 4</i>	Dual Chop	Swords Dance	Roost	Quiver Dance	Agility	Stun Spore

Aether Foundation




Aether Branch Chief Faba






First Battle

<i>Species</i>	Beheeyem	Bruxish	Bronzong	Hypno	Raichu	Slowbro
						
<i>Level</i>	78	78	78	78	78	80
<i>Ability</i>	Analytic	Strong Jaw	Heatproof	Insomnia	Surge Surfer	Oblivious
<i>Item</i>	Terrain Extender	Life Orb	Chesto Berry	Terrain Extender	Psychic Seed	Slowbronite
<i>Move 1</i>	Psychic	Psychic Fangs	Psyshock	Psychic	Thunderbolt	Scald
<i>Move 2</i>	Dark Pulse	Crunch	Flash Cannon	Focus Blast	Psychic	Flamethrower
<i>Move 3</i>	Energy Ball	Ice Fang	Rest	Hypnosis	Focus Blast	Calm Mind
<i>Move 4</i>	Psychic Terrain	Swords Dance	Calm Mind	Psychic Terrain	Grass Knot	Slack Off







Second Battle (Multi Battle with an Employee)

<i>Species</i>	Claydol	Bruxish	Hypno
			
<i>Level</i>	80	80	82
<i>Ability</i>	Levitate	Strong Jaw	Insomnia
<i>Item</i>	Sitrus Berry	Life Orb	Wide Lens
<i>Move 1</i>	Earth Power	Psychic Fangs	Psychic
<i>Move 2</i>	Extrasensory	Crunch	Focus Blast
<i>Move 3</i>	Ice Beam	Waterfall	Hypnosis
<i>Move 4</i>	Grass Knot	Aqua Jet	Nightmare

Third Battle: Episode RR (Multi Battle with an Employee)

<i>Species</i>	Beheeyem	Bruxish	Claydol
			
<i>Level</i>	100	100	100
<i>Ability</i>	Analytic	Oblivious	Levitate
<i>Item</i>	Terrain Extender	Slowbronite	Expert Belt
<i>Move 1</i>	Psychic	Scald	Earth Power
<i>Move 2</i>	Focus Blast	Psychic	Extrasensory
<i>Move 3</i>	Energy Ball	Ice Beam	Ice Beam
<i>Move 4</i>	Psychic Terrain	Flamethrower	Grass Knot







Fourth Battle: Episode RR

<i>Species</i>	Beheeyem	Claydol	Bronzong	Hypno	Hoopa	Slowbro
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Analytic	Levitate	Heatproof	Insomnia	Magician	Oblivious
<i>Item</i>	Terrain Extender	Iron Ball	Psychic Seed	Terrain Extender	Tanga Berry	Slowbronite
<i>Move 1</i>	Psychic	Earth Power	Psyshock	Psychic	Zen Headbutt	Scald
<i>Move 2</i>	Dark Pulse	Psychic	Flash Cannon	Trick Room	Hyperspace Fury	Flamethrower
<i>Move 3</i>	Psychic Terrain	Ice Beam	Hypnosis	Hypnosis	Gunk Shot	Calm Mind
<i>Move 4</i>	Trick Room	Calm Mind	Trick Room	Psychic Terrain	Fire Punch	Slack Off

Aether President Lusamine



First Battle: Aether Paradise

<i>Species</i>	Clefable	Lilligant	Mismagius	Milotic	Bewear	Absol
						
<i>Level</i>	83	83	83	83	83	85
<i>Ability</i>	Magic Guard	Own Tempo	Levitate	Competitive	Fluffy	Justified
<i>Item</i>	Leftovers	Focus Sash	Life Orb	Leftovers	Assault Vest	Absolite
<i>Move 1</i>	Moonblast	Energy Ball	Shadow Ball	Scald	Drain Punch	Throat Chop
<i>Move 2</i>	Stealth Rock	Sleep Powder	Thunderbolt	Ice Beam	Return	Play Rough
<i>Move 3</i>	Flamethrower	Hidden Power	Mystical Fire	Recover	Zen Headbutt	Iron Tail
<i>Move 4</i>	Thunder Wave	Quiver Dance	Will-O-Wisp	Toxic	Ice Punch	Fire Blast

Second Battle: Title Defense

<i>Species</i>	Clefable	Lilligant	Salazzle	Milotic	Froslass	Lopunny
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Magic Guard	Own Tempo	Corrosion	Cute Charm	Cursed Body	Cute Charm
<i>Item</i>	Red Card	Life Orb	Firium Z	Leftovers	Focus Sash	Lopunnite
<i>Move 1</i>	Moonblast	Petal Dance	Overheat	Scald	Blizzard	Return
<i>Move 2</i>	Stealth Rock	Sleep Powder	Sludge Bomb	Ice Beam	Shadow Ball	High Jump Kick
<i>Move 3</i>	Toxic	Hidden Power	Hidden Power	Recover	Thunder	Ice Punch
<i>Move 4</i>	Soft-Boiled	Quiver Dance	Dragon Pulse	Dragon Tail	Destiny Bond	Fire Punch


Ultra Recon Squad

Ultra Recon Squad Dulse





First Battle: Seaward Cave

<i>Species</i>	Furfrou
	
<i>Level</i>	19
<i>Ability</i>	Fur Coat
<i>Item</i>	Leftovers
<i>Move 1</i>	Headbutt
<i>Move 2</i>	Bite
<i>Move 3</i>	Sand Attack
<i>Move 4</i>	Charm

Second Battle: Paniola Ranch






<i>Species</i>	Poipole
	
<i>Level</i>	30
<i>Ability</i>	Beast Boost
<i>Item</i>	Payapa Berry
<i>Move 1</i>	Venoshock
<i>Move 2</i>	Toxic
<i>Move 3</i>	Signal Beam
<i>Move 4</i>	Hidden Power

Third Battle: Aether Paradise

<i>Species</i>	Naganadel	Buzzwole	Kartana	Blacephalon
				
<i>Level</i>	82	82	82	82
<i>Ability</i>	Beast Boost	Beast Boost	Beast Boost	Beast Boost
<i>Item</i>	Focus Sash	Leftovers	Life Orb	Flame Orb
<i>Move 1</i>	Dragon Pulse	Leech Life	Leaf Blade	Fire Blast
<i>Move 2</i>	Sludge Bomb	Substitute	Sacred Sword	Shadow Ball
<i>Move 3</i>	Flamethrower	Bulk Up	Smart Strike	Psychic
<i>Move 4</i>	Nasty Plot	Focus Punch	Knock Off	Trick



Fourth Battle: Vast Poni Canyon

<i>Species</i>	Kartana	Buzzwole	Naganadel	Blacephalon	Nihilego
					
<i>Level</i>	85	82	86	82	82
<i>Ability</i>	Beast Boost	Beast Boost	Beast Boost	Beast Boost	Beast Boost
<i>Item</i>	Focus Sash	Leftovers	Focus Sash	Salac Berry	Air Balloon
<i>Move 1</i>	Leaf Blade	Leech Life	Dragon Pulse	Mind Blown	Power Gem
<i>Move 2</i>	Sacred Sword	Substitute	Sludge Bomb	Shadow Ball	Acid Spray
<i>Move 3</i>	Smart Strike	Bulk Up	Thunderbolt	Psyshock	Thunderbolt
<i>Move 4</i>	Tailwind	Drain Punch	Nasty Plot	Calm Mind	Grass Knot


Ultra Recon Squad Soliera

First Battle: Seaward Cave





<i>Species</i>	Furfrou
	
<i>Level</i>	19
<i>Ability</i>	Fur Coat
<i>Item</i>	Leftovers
<i>Move 1</i>	Headbutt
<i>Move 2</i>	Bite
<i>Move 3</i>	Sand Attack
<i>Move 4</i>	Charm








Second Battle: Paniola Ranch

<i>Species</i>	Poipole
	
<i>Level</i>	30
<i>Ability</i>	Beast Boost
<i>Item</i>	Payapa Berry
<i>Move 1</i>	Venoshock
<i>Move 2</i>	Toxic
<i>Move 3</i>	Signal Beam
<i>Move 4</i>	Hidden Power

Third Battle: Aether Paradise

<i>Species</i>	Naganadel	Pheromosa	Celesteela	Blacephalon
				
<i>Level</i>	82	82	82	82
<i>Ability</i>	Beast Boost	Beast Boost	Beast Boost	Beast Boost
<i>Item</i>	White Herb	Life Orb	Leftovers	Weakness Policy
<i>Move 1</i>	Draco Meteor	Lunge	Heavy Slam	Gyro Ball
<i>Move 2</i>	Sludge Bomb	High Jump Kick	Flamethrower	Stone Edge
<i>Move 3</i>	Flamethrower	Ice Beam	Leech Seed	Earthquake
<i>Move 4</i>	Nasty Plot	Drill Run	Giga Drain	Trick Room







Fourth Battle: Vast Poni Canyon

<i>Species</i>	Celesteela	Pheromosa	Blacephalon	Naganadel	Xurkitree
					
<i>Level</i>	85	85	85	86	85
<i>Ability</i>	Beast Boost	Beast Boost	Beast Boost	Beast Boost	Beast Boost
<i>Item</i>	Leftovers	Focus Sash	Shuca Berry	Life Orb	Air Balloon
<i>Move 1</i>	Heavy Slam	Bug Buzz	Gyro Ball	Dragon Pulse	Thunderbolt
<i>Move 2</i>	Flamethrower	Focus Blast	Stone Edge	Sludge Bomb	Energy Ball
<i>Move 3</i>	Leech Seed	Ice Beam	Superpower	Flamethrower	Hidden Power
<i>Move 4</i>	Giga Drain	Quiver Dance	Trick Room	Nasty Plot	Tail Glow

Team Rainbow Rocket







Team Magma Maxie



<i>Species</i>	Torkoal	Flygon	Weezing	Camerupt	Groudon	Mightyena
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Drought	Levitate	Levitate	Solid Rock	Drought	Intimidate
<i>Item</i>	Heat Rock	Life Orb	Black Sludge	Cameruptite	Red Orb	Expert Belt
<i>Move 1</i>	Fire Blast	Earthquake	Sludge Bomb	Earth Power	Precipice Blades	Play Rough
<i>Move 2</i>	Solar Beam	Outrage	Thunderbolt	Rock Slide	Fire Punch	Sucker Punch
<i>Move 3</i>	Earth Power	Fire Punch	Shadow Ball	Flamethrower	Stone Edge	Thunder Fang
<i>Move 4</i>	Explosion	Dragon Dance	Pain Split	Flash Cannon	Solar Beam	Iron Tail

Team Aqua Archie









<i>Species</i>	Pelipper	Tentacruel	Muk	Sharpedo	Kyogre	Mightyena
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Drizzle	Rain Dish	Poison Touch	Speed Boost	Drizzle	Quick Feet
<i>Item</i>	Damp Rock	Waterium Z	Black Sludge	Sharpedonite	Blue Orb	Toxic Orb
<i>Move 1</i>	Hydro Pump	Waterfall	Gunk Shot	Crunch	Origin Pulse	Crunch
<i>Move 2</i>	Hurricane	Poison Jab	Thunder Punch	Liquidation	Ice Beam	Play Rough
<i>Move 3</i>	Ice Beam	Knock Off	Ice Punch	Ice Fang	Thunder	Thunder Fang
<i>Move 4</i>	Shock Wave	Swords Dance	Shadow Punch	Poison Fang	Earthquake	Swagger







Team Galactic Cyrus



In Ultra Sun:

<i>Species</i>	Houndoom	Honchkrow	Crobat	Weavile	Dialga	Gyarados
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Flash Fire	Moxie	Infiltrator	Pickpocket	Pressure	Intimidate
<i>Item</i>	Houndoominite	Salac Berry	Black Sludge	Life Orb	Dragonium Z	Wacan Berry
<i>Move 1</i>	Fire Blast	Sucker Punch	Toxic	Throat Chop	Roar of Time	Waterfall
<i>Move 2</i>	Dark Pulse	Brave Bird	Roost	Icicle Crash	Flash Cannon	Earthquake
<i>Move 3</i>	Sludge Bomb	Heat Wave	Brave Bird	Low Kick	Earth Power	Ice Fang
<i>Move 4</i>	Nasty Plot	Icy Wind	Super Fang	Ice Shard	Thunderbolt	Dragon Dance

In Ultra Moon:

<i>Species</i>	Houndoom	Honchkrow	Crobat	Weavile	Palkia	Gyarados
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Flash Fire	Moxie	Infiltrator	Pickpocket	Pressure	Intimidate
<i>Item</i>	Houndoominite	Salac Berry	Black Sludge	Life Orb	Lustrous Orb	Wacan Berry
<i>Move 1</i>	Fire Blast	Sucker Punch	Toxic	Throat Chop	Spacial Rend	Waterfall
<i>Move 2</i>	Dark Pulse	Brave Bird	Roost	Icicle Crash	Hydro Pump	Earthquake
<i>Move 3</i>	Sludge Bomb	Heat Wave	Brave Bird	Low Kick	Earth Power	Ice Fang
<i>Move 4</i>	Nasty Plot	Icy Wind	Super Fang	Ice Shard	Thunderbolt	Dragon Dance

Team Plasma Ghetsis



In Ultra Sun:

<i>Species</i>	Cofagrigus	Bouffalant	Bisharp	Hydreigon ¹	Zekrom	Seismitoad
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Mummy	Reckless	Defiant	Levitate	Teravolt	Swift Swim
<i>Item</i>	Leftovers	Assault Vest	Black Glasses	Life Orb	Dragonium Z	Rindo Berry
<i>Move 1</i>	Shadow Ball	Head Charge	Iron Head	Dragon Pulse	Bolt Strike	Scald
<i>Move 2</i>	Psychic	Poison Jab	Knock Off	Fire Blast	Outrage	Earth Power
<i>Move 3</i>	Toxic	Earthquake	Stone Edge	Focus Blast	Stone Edge	Sludge Wave
<i>Move 4</i>	Protect	Megahorn	Sucker Punch	Surf	Zen Headbutt	Rain Dance

In Ultra Moon:



<i>Species</i>	Cofagrigus	Bouffalant	Bisharp	Hydreigon ¹	Reshiram	Eelektross
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Mummy	Reckless	Defiant	Levitate	Turboblaze	Swift Swim
<i>Item</i>	Leftovers	Assault Vest	Black Glasses	Life Orb	Dragonium Z	Rindo Berry
<i>Move 1</i>	Shadow Ball	Head Charge	Iron Head	Dragon Pulse	Blue Flare	Wild Charge
<i>Move 2</i>	Psychic	Poison Jab	Knock Off	Fire Blast	Draco Meteor	Acrobatics
<i>Move 3</i>	Toxic	Earthquake	Stone Edge	Focus Blast	Focus Blast	Aqua Tail
<i>Move 4</i>	Protect	Megahorn	Sucker Punch	Surf	Earth Power	Fire Punch

¹ Ghetsis' Hydreigon has an illegal EV spread, with 252 EVs in every stat except Attack. This was done as a crude attempt to make it as challenging to fight as it was in Black and White, where it was a significantly higher level than the player's team.







Team Flare Lysandre



In Ultra Sun:

<i>Species</i>	Mienshao	Volcarona	Pyroar	Gyarados	Xerneas	Garchomp
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Reckless	Flame Body	Unnerve	Intimidate	Fairy Aura	Rough Skin
<i>Item</i>	Expert Belt	Charti Berry	Grassium Z	Gyaradosite	Power Herb	Life Orb
<i>Move 1</i>	High Jump Kick	Fiery Dance	Hyper Voice	Waterfall	Geomancy	Earthquake
<i>Move 2</i>	Poison Jab	Psychic	Fire Blast	Crunch	Moonblast	Outrage
<i>Move 3</i>	Knock Off	Giga Drain	Dark Pulse	Earthquake	Thunderbolt	Fire Blast
<i>Move 4</i>	U-turn	Quiver Dance	Solar Beam	Dragon Dance	Psyshock	Poison Jab

In Ultra Moon:

<i>Species</i>	Mienshao	Volcarona	Pyroar	Gyarados	Yveltal	Garchomp
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Reckless	Flame Body	Unnerve	Intimidate	Dark Aura	Rough Skin
<i>Item</i>	Expert Belt	Charti Berry	Grassium Z	Gyaradosite	Life Orb	Life Orb
<i>Move 1</i>	High Jump Kick	Fiery Dance	Hyper Voice	Waterfall	Oblivion Wing	Earthquake
<i>Move 2</i>	Poison Jab	Psychic	Fire Blast	Crunch	Sucker Punch	Outrage
<i>Move 3</i>	Knock Off	Giga Drain	Dark Pulse	Earthquake	Dark Pulse	Fire Blast
<i>Move 4</i>	U-turn	Quiver Dance	Solar Beam	Dragon Dance	Roost	Poison Jab







Team Rainbow Rocket Giovanni



In Ultra Sun:

<i>Species</i>	Dugtrio²	Nidoking²	Nidoqueen²	Rhyperior²	Kangaskhan²	Mewtwo²
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sand Force	Sheer Force	Sheer Force	Solid Rock	Scrappy	Pressure
<i>Item</i>	Smooth Rock	Life Orb	Life Orb	Assault Vest	Sitrus Berry	Mewtwonite X
<i>Move 1</i>	Sandstorm	Earth Power	Earth Power	Earthquake	Double-Edge	Zen Headbutt
<i>Move 2</i>	Earthquake	Poison Jab	Sludge Wave	Stone Edge	Sucker Punch	Drain Punch
<i>Move 3</i>	Sucker Punch	Ice Beam	Thunderbolt	Megahorn	Earthquake	Earthquake
<i>Move 4</i>	Stealth Rock	Fire Blast	Flamethrower	Thunder Punch	Aqua Tail	Stone Edge







In Ultra Moon:

<i>Species</i>	Dugtrio²	Nidoking²	Nidoqueen²	Rhyperior²	Kangaskhan²	Mewtwo²
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Sand Force	Sheer Force	Sheer Force	Solid Rock	Scrappy	Pressure
<i>Item</i>	Smooth Rock	Life Orb	Life Orb	Assault Vest	Sitrus Berry	Mewtwonite Y
<i>Move 1</i>	Sandstorm	Earth Power	Earth Power	Earthquake	Double-Edge	Psystrike
<i>Move 2</i>	Earthquake	Poison Jab	Sludge Wave	Stone Edge	Sucker Punch	Aura Sphere
<i>Move 3</i>	Sucker Punch	Ice Beam	Thunderbolt	Megahorn	Earthquake	Flamethrower
<i>Move 4</i>	Stealth Rock	Fire Blast	Flamethrower	Thunder Punch	Aqua Tail	Ice Beam

² All of Giovanni's Pokémon have generation one and two style stats, with IVs of 15 and maximum EVs in every stat.







Battle Legend Red



<i>Species</i>	Pikachu	Espeon	Snorlax	Venusaur	Blastoise	Charizard
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Static	Magic Bounce	Thick Fat	Overgrow	Torrent	Blaze
<i>Item</i>	Light Ball	Life Orb	Leftovers	Grassium Z	Rindo Berry	Charizardite X
<i>Move 1</i>	Volt Tackle	Psychic	Body Slam	Frenzy Plant	Hydro Pump	Flare Blitz
<i>Move 2</i>	Hidden Power	Shadow Ball	Earthquake	Leech Seed	Focus Blast	Outrage
<i>Move 3</i>	Iron Tail	Hidden Power	Curse	Sludge Bomb	Dark Pulse	Iron Tail
<i>Move 4</i>	Grass Knot	Dazzling Gleam	Crunch	Earthquake	Blizzard	Dragon Dance

Battle Legend Blue



<i>Species</i>	Exeggutor	Machop	Tyranitar	Pidgeot	Arcanine	Gyarados
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Chlorophyll	Guts	Sand Stream	Tangled Feet	Intimidate	Moxie
<i>Item</i>	Focus Sash	Flame Orb	Icium Z	Pidgeotite	Assault Vest	Wacan Berry
<i>Move 1</i>	Energy Ball	Close Combat	Stone Edge	Hurricane	Flare Blitz	Waterfall
<i>Move 2</i>	Psychic	Stone Edge	Crunch	Roost	Close Combat	Earthquake
<i>Move 3</i>	Trick Room	Knock Off	Fire Blast	Heat Wave	Wild Charge	Ice Fang
<i>Move 4</i>	Sleep Powder	Poison Jab	Blizzard	Agility	Extreme Speed	Dragon Dance

Title Defense







Pokémon Professor Kukui









If the player chose Rowlet:

<i>Species</i>	Ninetales	Lycanroc	Braviary	Magnezone	Snorlax	Incineroar
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Snow Warning	Tough Claws	Defiant	Sturdy	Thick Fat	Intimidate
<i>Item</i>	Light Clay	Life Orb	Red Card	Air Balloon	Assault Vest	Firium Z
<i>Move 1</i>	Aurora Veil	Stone Edge	Return	Thunderbolt	Body Slam	Flare Blitz
<i>Move 2</i>	Freeze-Dry	Accelerock	Brave Bird	Flash Cannon	Crunch	Darkest Lariat
<i>Move 3</i>	Moonblast	Drill Run	Whirlwind	Hidden Power	Earthquake	Thunder Punch
<i>Move 4</i>	Hypnosis	Stealth Rock	Tailwind	Thunder Wave	Gunk Shot	Earthquake

If the player chose Litten:




<i>Species</i>	Ninetales	Lycanroc	Braviary	Magnezone	Snorlax	Primarina
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Snow Warning	Tough Claws	Defiant	Sturdy	Thick Fat	Torrent
<i>Item</i>	Light Clay	Life Orb	Red Card	Air Balloon	Assault Vest	Waterium Z
<i>Move 1</i>	Aurora Veil	Stone Edge	Return	Thunderbolt	Body Slam	Sparkling Aria
<i>Move 2</i>	Freeze-Dry	Accelerock	Brave Bird	Flash Cannon	Crunch	Moonblast
<i>Move 3</i>	Moonblast	Drill Run	Whirlwind	Hidden Power	Earthquake	Psychic
<i>Move 4</i>	Hypnosis	Stealth Rock	Tailwind	Thunder Wave	Gunk Shot	Energy Ball

If the player chose Popplio:

<i>Species</i>	Ninetales	Lycanroc	Braviary	Magnezone	Snorlax	Decidueye
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Snow Warning	Tough Claws	Defiant	Sturdy	Thick Fat	Overgrow
<i>Item</i>	Light Clay	Life Orb	Red Card	Air Balloon	Assault Vest	Grassium Z
<i>Move 1</i>	Aurora Veil	Stone Edge	Return	Thunderbolt	Body Slam	Leaf Blade
<i>Move 2</i>	Freeze-Dry	Accelerock	Brave Bird	Flash Cannon	Crunch	Spirit Shackle
<i>Move 3</i>	Moonblast	Drill Run	Whirlwind	Hidden Power	Earthquake	Brave Bird
<i>Move 4</i>	Hypnosis	Stealth Rock	Tailwind	Thunder Wave	Gunk Shot	Swords Dance







Pokémon Trainer Ryuki



<i>Species</i>	Garchomp	Goodra	Hydreigon	Dragonite	Kommo-o	Salamence
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Rough Skin	Goopy	Levitate	Multiscale	Bulletproof	Intimidate
<i>Item</i>	Yache Berry	Assault Vest	Life Orb	Weakness Policy	Kommonium Z	Salamencite
<i>Move 1</i>	Stealth Rock	Dragon Pulse	Dark Pulse	Wing Attack	Clanging Scales	Hyper Voice
<i>Move 2</i>	Roar	Thunderbolt	Fire Blast	Earthquake	Drain Punch	Fire Blast
<i>Move 3</i>	Earthquake	Sludge Bomb	Focus Blast	Fire Punch	Poison Jab	Earthquake
<i>Move 4</i>	Poison Jab	Fire Blast	Flash Cannon	Dragon Dance	Flamethrower	Hydro Pump

Youngster Tristan







<i>Species</i>	Emolga	Sharpedo	Exeggutor	Magmortar	Slaking	Escavalier
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Static	Speed Boost	Harvest	Flame Body	Truant	Overcoat
<i>Item</i>	Focus Sash	Sharpedonite	Sitrus Berry	Fightinium Z	Life Orb	Assault Vest
<i>Move 1</i>	Volt Switch	Liquidation	Energy Ball	Fire Blast	Giga Impact	Megahorn
<i>Move 2</i>	Air Slash	Crunch	Dragon Pulse	Focus Blast	Play Rough	Iron Head
<i>Move 3</i>	Tailwind	Psychic Fangs	Flamethrower	Thunderbolt	Earthquake	Drill Run
<i>Move 4</i>	Nuzzle	Ice Fang	Trick Room	Psychic	Gunk Shot	Knock Off

Sina & Dexio

Pokémon Trainer Sina



<i>Species</i>	Vulpix	Glaceon	Smoochum	Amaura
				
<i>Level</i>	21	21	21	22
<i>Ability</i>	Snow Warning	Ice Body	Oblivious	Refrigerate
<i>Item</i>	Icy Rock	-	Eviolite	-
<i>Move 1</i>	Icy Wind	Icy Wind	Icy Wind	Round
<i>Move 2</i>	Extrasensory	Quick Attack	Confusion	Ancient Power
<i>Move 3</i>	Hex	Water Pulse	Water Pulse	Discharge
<i>Move 4</i>	Hail	Baby-Doll Eyes	Fake Tears	Iron Head







Pokémon Trainer Dexio









First Battle: Heahea City

<i>Species</i>	Mr. Mime	Espeon	Slowpoke
			
<i>Level</i>	21	21	22
<i>Ability</i>	Technician	Magic Bounce	Oblivious
<i>Item</i>	Expert Belt	Twisted Spoon	Leftovers
<i>Move 1</i>	Confusion	Psybeam	Scald
<i>Move 2</i>	Icy Wind	Signal Beam	Confusion
<i>Move 3</i>	Charge Beam	Grass Knot	Slack Off
<i>Move 4</i>	Psychic Terrain	Baton Pass	Calm Mind

Second Battle: Poni Plains

<i>Species</i>	Espeon	Raichu	Slowking	Metagross	Alakazam	Delphox
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Magic Bounce	Surge Surfer	Regenerator	Clear Body	Magic Guard	Blaze
<i>Item</i>	Life Orb	Light Clay	Assault Vest	Metal Coat	Alakazite	Fairium Z
<i>Move 1</i>	Psychic	Psychic	Psychic	Meteor Mash	Psyshock	Psyshock
<i>Move 2</i>	Shadow Ball	Thunderbolt	Scald	Zen Headbutt	Shadow Ball	Fire Blast
<i>Move 3</i>	Dazzling Gleam	Light Screen	Ice Beam	Earthquake	Focus Blast	Shadow Ball
<i>Move 4</i>	Baton Pass	Reflect	Flamethrower	Bullet Punch	Energy Ball	Dazzling Gleam

Third Battle: Route 16

<i>Species</i>	Espeon	Raichu	Slowking	Metagross	Alakazam	Zygarde
						
<i>Level</i>	100	100	100	100	100	100
<i>Ability</i>	Magic Bounce	Surge Surfer	Regenerator	Clear Body	Magic Guard	Power Construct
<i>Item</i>	Leftovers	Light Clay	Life Orb	Assault Vest	Alakazite	Yache Berry
<i>Move 1</i>	Stored Power	Psychic	Slack Off	Meteor Mash	Psyshock	Thousand Arrows
<i>Move 2</i>	Shadow Ball	Thunderbolt	Scald	Zen Headbutt	Dazzling Gleam	Outrage
<i>Move 3</i>	Calm Mind	Light Screen	Ice Beam	Earthquake	Focus Blast	Extreme Speed
<i>Move 4</i>	Baton Pass	Reflect	Flamethrower	Bullet Punch	Energy Ball	Coil